

OPTIMAL HEALING PATHWAYS

NOTICE OF UNDERSTANDING AND AGREEMENT

Objective: At Optimal Healing Pathways, LLC (OHP) the use of computerized technologies namely: The **Qest4 System** is an electrodermal technology that provide a completely non-invasive method for gaining valuable information about your body's vital functions. The primary objective of the screening on the system above is to disclose patterns of stress, and/or energetic disturbances. The feedback resulting from the assessment will assist in developing a program to balance bioenergetically channels of energy called Meridians.

My Understanding:

- I understand that I am not seeking to consult with OHP or with Nita Bellafiore, ND for medical diagnosis or medical treatment procedures. The services rendered at OHP are, at all times, restricted to help me regain a better understanding of my level of health so that I will have a greater self-awareness and be able to use a self-care program and take responsibility of my own health.
- I understand that the recommendations, discussions, sale of homeopathic remedies and/or nutritional supplements pertain to the energetic concept of nutritional balance and do not relate in the context of any specific ailment or condition.
- The assessments do not involve the diagnosing, prognosticating, treating or prescribing of medicines for the treatment of disease, or any act that will constitute the practice of medicine in this state, for which a License may be required.
- I understand that the Qest4 System survey does not provide medical diagnosis and that my testing technician may recommend further medical testing. If I suspect the need for further medical intervention, I understand I should consult MY physician. I give my permission for the testing technician at OHP to evaluate me on the Qest4 System. I understand in doing so my testing technician is NOT becoming my primary care physician. I understand that the testing technician will give me information about myself and make recommendations based on the Qest4 screening. I understand that the testing technician will not pass judgements on prescribed medications and it is the responsibility of my primary care physician to make any adjustments on prescribed medications. Any decision to follow through with the recommended program is my own decision and I hold the testing technician harmless.
- I understand that I am here to learn about natural health and better lifestyle practice and I will be offered information about food supplements and herbs as a guide to general health.

- I understand that I should continue to see any medical doctors I am currently under the care of, and that any prescribed medications should not be altered without first consulting the physician who recommended these.
- I fully understand that those whom I consult with are not medical doctors, medical practitioners, licensed nutrition consultants, or licensed naturopaths. I am not here for any medical diagnostic purposes or treatment procedures.
- Information about the traditional uses of supplements that may create a healthy balance in the body may be discussed. This is not intended to be interpreted as a substitute for a licensed physician's treatment. Nothing said, done, typed, printed, or reproduced by OHP is intended to diagnose, prescribe, treat, or take the place of a licensed physician.
- The intent of OHP is to provide educational information for the purpose of assisting me with lifestyle changes necessary to regain and maintain an environment needed to produce wellness.
- I am not on this visit, or any subsequent visit, acting as an agent for the federal, state, county, local law enforcement or news media on a mission of entrapment or investigation.
- I understand that all information and conversations will be kept confidential, and that information concerning myself can be released to another health professional only with my written consent.
- I understand that the Qest4 screening will only identify energetic imbalances and does not diagnose any disease(s) in the body. The Balancing Items refers to energetic frequencies needed to restore balance to the body. Balancing Items are defined differently from medical terms and are not a cure for any disease.
- I recognize that the Qest4 screening is an unorthodox approach to health care. Being of sound mind, I have chosen this screening to assist in balancing my health of my own free will and in exercise of my constitutional rights for the attainment of life, liberty, and the pursuit of happiness.

Client Signature

Date

Guardian Signature (if under 18 years of age)

Relationship